



Indian Hill Church

EPISCOPAL † PRESBYTERIAN

Lessons in Love Weekly Email

This is our third week of our summer curriculum, Lessons in Love. I hope you will use this lesson to talk about being a child of God, God's love and acceptance. We are continuing to make Power Packs through August 10. We are continuing to make sandwiches for Our Daily Bread through July 29. We will have our first outdoor worship service on July 1. I also have a few camp in a box boxes available.

In this email:

- Video with Amy Clark singing and Jennifer Taylor
- Paper Plate Bird Craft
- Bible passage and Self Portrait
- Summer Family Challenge
- Wednesday Worship: July 1
- Camp in a Box
- Power Packs
- Our Daily Bread Lunches

Lessons in Love Home Video

A Peacock Among Pigeons

This story is an important story of acceptance for all children. [A Peacock Among Pigeons](#) tells the tale of learning how to stand out when you can't fit in. This children's story teaches the importance of celebrating our differences and learning to love the feathers you live in. All children need to know that they are a child of God and that they are loved and accepted unconditionally.

I learned about this book from a gay Presbyterian children's minister at a conference this year. He read the book to us with tears in his eyes. He explained that as a child he wished that someone had read him this book. He explained how uncomfortable he was in his body as a child and how long it took for him to understand that he should be proud of who he was. He also said he wished that the kids who bullied him for being different had read the book.



As always, you can use this lesson however you like. You can concentrate on the birds, you can talk about being a child of God and/ or you can talk about acceptance of all people.

[Click here for the video](#)

Discussion Questions:

- What makes you unique?
- How important is it to love our neighbors?
- How can we show God's love, kindness and forgiveness to other people today?

Prayer:

Dear God, show me people who need a good neighbor today, and help me share Your love and kindness with them. In Jesus' name, amen.

Paper Plate Bird Craft

Supply List:

Paper Plate
Paint, Crayons or markers

Instructions:

1. Fold a paper plate in half.
2. Trace half a bird shape.
3. Fold the wings over and staple the bottom of the bird closed.
4. Paint the birds in many different colors.



Child of God

Bible Verse & Activity

Psalm 139

God loves each of God's children with a love that is deeper, wider, and higher than any human love we can ever imagine. We are all dearly loved children of God.

Read the Bible:

"For it was you who formed my inward parts;
you knit me together in my mother's womb.

I praise you, for I am fearfully and wonderfully made.

Wonderful are your works;
that I know very well.

My frame was not hidden from you,

You are a *Child* of *God*
You are *wonderfully* made,
dearly loved, and *precious*
in *His* sight.

- *Psalm 139*

when I was being made in secret,
intricately woven in the depths of the earth.

Your eyes beheld my unformed substance."
Psalm 139: 13-16

Draw a picture

1. Encourage your child to draw a self portrait.
2. Talk about your child's unique qualities.
3. Assure your child of your unconditional love and God's love.

[Click here for "About me" worksheet](#)

Owl Snack

Ingredients:

- 4 each rice cakes, brown rice, plain (could use a waffle or even a piece of bread cut in a circle)
- 1 medium banana
- 4 tablespoon peanut butter (or sunbutter)
- 1 cup blueberries
- 1 medium apple
- 1 medium carrot
- 1 cup cereal, Cheerios
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Instructions:

- Lay out rice cakes on a plate.
- Slice banana and set aside.
- Spread peanut butter over each rice cake and then place 2 slices of banana towards the upper part of each of the rice cakes. This will serve as your owl's eyes. Dab a small amount of peanut butter on the center of the owls eyes and add a blueberry for the pupil of the eye.
- Slice apple in half and then slice the halves into very thin wedges (1/8 inch thick). Place 2 onto each rice cake, (peel side outward) to serve as the owl's wings.
- Peel carrot and slice thinly. Using 4 slices, cut into triangles for the nose.
- Finally, add some cheerios for feathers between the wings.

Source: Super Healthy Kids



Summer Family Challenge

Summer looks different for every family, but one thing is true for everyone—it's a unique season each year when families typically spend more time together. In that together time, see how many of the activities in our Summer Family Challenge 2020 your family can check off before the end of the summer.

Source: Parent Cue



[Summer Family Challenge Grid](#)

Camp In A Box

Pre-order your box by Monday, June 30

Cost: \$40 per box (Scholarships available)

This summer we will be partnering with Ferncliff camp to provide 5 days of summer camp at home. Amy Clark and Jennifer Taylor will be providing a short video of camp music and the story of the week. The rest of the activities will **NOT** require a screen and will encourage your child to engage with nature outside. The boxes and videos will be ready in early July for you to view/ use as it fits your family schedule.



The Camp in a Box curriculum is Deep Roots, New Leaves. In their 5 day experience, campers will discover that God is always doing a new thing. While God offers stability and safety, like a tree's deep roots, God is also working for good in each new moment, like a tree sprouting new leaves.

Each day includes:

A daily guide with Scripture, reflection questions, a prayer, and several activities that relate to that day's theme.

- A focus object related to the day's theme.
- One Square Yard: an activity that encourages kids to get outside and observe something new every day.
- A 5 day project that kids can work on each day.
- Family Challenge: activities, table talk questions, and a mealtime prayer that kids can do with their parents and siblings.
- Instructions and supplies needed to complete every activity

To order your box, please email Jennifer Taylor (christianeducation@indianhillchurch.org).

Wednesday Worship

Wednesday, July 1 6:30 PM - 7:30 PM

Guidelines

We are looking forward to gathering together for outdoor Wednesday Worship at Indian Hill Church on July 1 at 6:30 PM. While we are excited about being together again, the health and safety of our community are of utmost importance.

We request that you adhere to the following guidelines to help keep everyone safe and healthy:

1. Reservations are required

We will be using Eventbrite for all worship service reservations. Reservations are essential for contact tracing and are required.

[Click here to register for Wednesday Worship](#)

2. Please Do Not Come to Wednesday Worship If You Are Not Feeling Well

Out of respect for others, please do not come to Wednesday Worship if you or anyone in your household is not feeling well. If you have a fever of 100.4 or above, have had COVID-19 symptoms within the last 14 days, have been exposed to anyone with COVID-19 symptoms, or have a compromised immune system, please watch our Sunday worship service online. Thank you!

3. Observe 6' Social Distancing at All Times

6' social distancing is required at all times with non-family members.

4. A Touchless Experience

Please, no handshakes, hugging, and fist or elbow bumping. Waves and smiles from a 6' distance are encouraged!

5. Masks and Building Use

Everyone will be required to wear a mask.

The building will remain closed. Restrooms will not be available. Please plan accordingly.

6. What to Bring

Bring your own picnic dinner and lawn chair and/ or picnic blanket.

7. Arrival

-Park your vehicle.

-Put on your face mask and gather your picnic dinner, chairs and/or picnic blanket.



- Walk to the front lawn. You will be directed to an X spray painted on the front lawn.
- Set up your chairs and blankets.
- Once you are settled in your spot, you may remove your masks.

8. Arrival for those with limited mobility

- Park your vehicle in one of the handicapped parking spots on the side of the front lawn.
- Put on your face mask and gather your picnic dinner and chair. You may sit in front of your vehicle on the driveway or simply enjoy the service from your vehicle. We will also have a few spots in the grass near the patio reserved for you.
- Set up your chairs.
- Once you are settled in your spot, you may remove your masks.

9. Dinner and Worship

- We will begin the evening with music and a blessing. We will enjoy our picnics while listening to music.
- We will worship together. Please print the worship bulletin at home or bring an electronic device with the worship bulletin loaded on it.
- We will not be singing, but we will be able to enjoy music in the worship service.

10. Departure

- When the worship service concludes, put your mask back on and pack up your belongings.
- Please respect 6 feet social distancing with those outside of your family as you leave and return to your vehicles.

If you have any questions, please contact Rev. Dr. Stephen Caine or Rev. Nancy Hopkins-Greene.

IPM (Inter Parish Ministry) Power Packs

[Click here to watch a Power Pack Assembly Video](#)

IPM (Inter Parish Ministry) is collecting "Power Packs" in gallon-sized Ziploc bags that are distributed to school-age children. IPM distributes 200 Power Packs each week.

You can sign up to make Power Packs via sign up genius. You are also welcome to drop off completed Power Packs at anytime to volunteer houses listed below.

[Click here to sign up on Sign Up Genius](#)

What makes a good power pack?



1. Look for a **meal** for each bag (microwave mac and cheese, microwave ravioli, soups with pull tab, canned chicken/tuna lunch kits, Hormel shelf stable meals).
2. Add other items such as individual cereals, applesauce, fruit cups, shelf-stable puddings, oatmeal, peanut butter crackers, JIF peanut butter to go cups, raisins, chips, juice box, granola bar, pretzels, microwave popcorn, cheese crackers).
3. Seal items in a gallon Ziploc bag.
4. It is great when the bag is full of items.
5. Feel free to add an encouraging note to the child receiving the Power Pack.

Power Packs can be dropped off anytime at one of three church member houses. These members have volunteered to have a bin at the front porch for power packs.

Church Member Drop off locations:

6305 Graves Road, Cincinnati, OH 45243

9310 Old Indian Hill Road, Cincinnati, OH 45243

9983 Walnutridge Ct., Cincinnati, OH 45242

IPM Drop Off Locations:

Monday and Tuesday 10:00 am-12:00 pm at the Newtown Pantry 3509 Debolt St., Cincinnati, OH 45244

You may also donate items to be assembled into Power Packs by an IPM volunteer.

[Click here to donate items for Power Pack Assembly](#)

"In His name, lending a helping hand to others."

Our Daily Bread

Sandwiches

July 1, July 8, July 15, July 22, July 29

Indian Hill Church is providing sandwiches, fruit and desserts every Wednesday through the end of July. Desserts can be homemade or store bought, but must be individually packaged. Sign up to help by emailing Jennifer Taylor or signing up on [signup genius](#).

[Sign Up Genius Link](#)

"In His name, lending a helping hand to others."

